

GYMNASTICS



WAHOO
Parks & Recreation

REGISTRATION PERIOD: Now until classes are full. **Register early as these classes fill quickly!**

REGISTRATION FORM AND FEES: Complete and detach the registration form below and return with appropriate registration fee or register online. Internet registration can be found at www.wahociviccenter.com.

PROGRAM FORMAT: Each class meets once per week. Session #1 will be held for five weeks on the following Thursdays: 11/15, 11/29, 12/6, 12/13, and 12/20. Classes will be held in the fitness room at the Civic Center.

TUMBLE BUGS (ages 4-6): Classes are held from 4pm-4:30pm. Students will perform exercises to improve flexibility and strength. Students will be introduced to a variety of gymnastics apparatus.

FLYING FOXES (ages 6 & up): Classes are held from 4:30pm-5pm. Students will perform exercises to improve flexibility and strength. Students will be introduced to a variety of gymnastics apparatus. Those who are advanced enough to proceed with more advanced skills on apparatuses will be able to do so.

Please Note: The specified age requirements must be followed. Contact Bob Schmidt with any questions about this.

(See reverse side for additional information.)



REGISTRATION FORM – 2018 GYMNASTICS (Session #1)

Participant's Name _____ Address _____ City/Zip _____
Date of Birth _____ Age Today _____ Grade in School _____
Male: _____ Female: _____ Home Phone _____ Parent's Work Phone _____
Parent's/Guardian's Name _____ Email address _____

In order to take advantage of the member rate, the participant must have a current Civic Center membership.

Please indicate the class for which you are registering by circling the appropriate box.

Return registration form to the Civic Center.
If mailing, send to:
Wahoo Parks and Recreation Department
Attn: Gymnastics Registration
310 N. Linden St.
Wahoo, NE 68066

CLASS	MEMBER	NON-MEMBER
Tumble Bugs (Th 4pm-4:30pm)	\$25	\$40
Flying Foxes (Th 4:30pm-5pm)	\$25	\$40

PERMISSION TO PARTICIPATE and INDEMNIFICATION AGREEMENT

I have read the aforementioned information concerning the Wahoo Parks and Recreation youth instructional program named herein and agree to its rules and format and give my child permission to participate in such a program.

Realizing that my child is participating for fun, recreation, and personal betterment, I hereby for myself and for my child, our heirs, personal representatives and assigns, waive and release any and all claim for injuries or damages of any kind of nature which either I or my child may have against the City of Wahoo, any instructor or assistant thereto, or anyone who organizes or causes this program to operate, their agents, representatives and assigns as a result of any class session or any participating in said instructional program and indemnify the City of Wahoo, and all parties named herein against such claim or damages arising from such claims. We hereby agree that instructors and their assistants shall not be liable for the injury or death of my child as a participant in said Wahoo Parks and Recreation program which results from the negligence of any of the above listed individuals. I understand that the City of Wahoo assumes no legal or financial responsibility in case of accident or injury and I assume full responsibility for my child's medical expenses and waive all rights or causes of action, which my child or I may have against the City of Wahoo and each of the persons named herein.

Parent's/Guardian's Signature _____ Date _____

Date Pd. _____		FOR OFFICE USE ONLY		Amount Pd. _____		Staff Member _____	
Cash <input type="checkbox"/>	Check <input type="checkbox"/>	Chk. # _____	Credit Card <input type="checkbox"/>				

EQUIPMENT: Bars, beams and vaults will be used in the classes. We also have parallel bars, uneven bars, and rings.

WHAT TO WEAR: Children should wear T-shirts or stretch tops and gym shorts, leggings, or sweat pants. Shirts should be tucked in. Long hair should be tied back in a ponytail or in braids. Everyone should be barefoot in class.

MISCELLANEOUS: Participants and their parents/guardians should be aware that there is a risk of injury during participation in Wahoo Parks and Recreation youth gymnastics due to the inherent nature of the activities. Individuals participate in youth gymnastics at their own risk.

QUESTIONS: Contact Bob Schmidt at 443-4174 during normal business hours. To register online or find out more about Wahoo Parks and Recreation programs and events, visit our web site at www.wahociviccenter.com.